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# Martha Stewart's Slow Cooker: 110 Recipes For Flavorful, Foolproof Dishes (Including Desserts!), Plus Test- Kitchen Tips And Strategies



## Synopsis

Cook it slow, cook it smart Leave it to the experts at Martha Stewart to figure out the best ways to use this favorite appliance. The 110 recipes in this book make the most of the slow cooker's assets (low heat, hands-off cooking), while also uncovering its hidden potential. Readers will find that they can not only braise cuts of meat until meltingly tender and let soups and stews simmer away untended, but also gently poach fish, cook up creamy scalloped potatoes, and bake a perfect cheesecake. This book has everything home cooks need to maximize flavor and make life a whole lot easier.

## Book Information

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## Customer Reviews

MARTHA STEWART is America's most trusted lifestyle expert and teacher and the author of more than 80 books on cooking, entertaining, crafts, homekeeping, gardens, weddings, and decorating.

If you're looking for that recipe for octopus in a crock pot...this is the book to buy. It has two, that I found, I did not look further. This is not that every day crock pot recipe cookbook you are looking for. Lots of outside prep work, and frankly recipes I will personally never use. It does have the typical mac and cheese and a couple of stews, but other than that, it's just not off the charts for me.

Martha Stewart's Slow Cooker is full of beautiful, colorful photos to accompany the 110 recipes in this book. Interestingly enough, Martha Stewart said she only recently started using a slow cooker

and her mother didn't use one growing up. However, she said she has been impressed with the slow cookers she has tried out in recent years and now thinks of it as a "smart cooker." In the beginning of this book, she offers basic advice for using a slow cooker including the "Slow Cooker Commandments" and "How to Use a Slow Cooker" basics which include a few tips that I didn't know before. There are chapters on meat, poultry, seafood, meatless, side dishes, breakfast, sweets, and stocks and sauces. My family eats more chicken and meatless dishes than other meats Martha includes. As a result, recipes for Pho, Chicken Chili Tacos, Chicken with 20 cloves of garlic, Coq au Vin, Barley Risotto with Fresh Mushrooms, Ribollita (Italian vegetarian soup, Maple Granola, Overnight Oatmeal, Peach Pecan Grunt, Sticky Toffee Pudding and Butterscotch Bread Pudding with Brown-Butter Rum Sauce. I also think the recipes for basic stocks, sauces and jams will be good to use. I think I will use about a quarter of these recipes. I wish there were more than that but we don't cook much for seafood since we live in the middle of the country where we don't get a lot of really fresh seafood like they do in New England. But the recipes I want to try look simple to follow with great pictures and good instructions. I received this book from Blogging for Books for this review.

When it comes to preparing food with slow cookers, there are usually two types of cooks: those who regularly make use of this wonderful kitchen helper, and those who dust the cooker off now and then for holidays, pot-luck dinners, and the occasional pot roast. Slow cookers come in a wide range of sizes, functionality, and visual appeal. I still have my original Crock Pot (avocado green), and it still works quite well. I have newer cookers, one small and one large, but the avocado green machine is still my favorite. It holds a lot of memories of good food and good family times. Martha Stewart's Slow Cooker: 110 recipes for Flavorful, Foolproof Dishes (Including Desserts!), Plus Test-Kitchen Tips and Strategies shines a new light on this old kitchen favorite, making it a go-to meal-maker for modern families. More than a year's research went into developing recipes and cooking techniques which make the most of the slow-cooker's steady, even heat, minimal pot-watching, and the added benefits of less fat and more moisture in the prepared dish. Try poaching root vegetables like carrots, parsnips, and beets (Root-Vegetable Confit), and serve them over cooked grains, or as a flavorful side dish. Slow cookers are unbeatable at taking tougher, less-expensive cuts of meat like flank steak and turning them fork-tender (Ropa Vieja). Fish fillets will cook to perfection (Indian-Style Fish Curry). For richer flavor and deeper color, brown meats and sauté onions before adding them to the slow cooker (Persian Lamb Stew). It goes without saying that soup is a slow cooker classic, and you can

make a spectacular vegetarian version (healthy, hearty Italian Ribollita Soup). For your sweet-tooth try delicious desserts (Cinnamon Buns) which are made even more scrumptious by the moist heat of the slow cooker. This is a delightful cookbook filled with mouth-watering food photos and recipes that will have you rethinking your tried & true menus and meal preparations, and you will appreciate the savings of food costs and time. Book Copy Gratis Clarkson Potter Publishers via Blogging for Books

Fall is in the air! And as sad as I am to see this epic summer go, I am always excited for fall, which means back-to-school and back-to-the-kitchen for me. I love cooking and baking up all the fall flavors. That said, to say that I'm short on time is the understatement of the year. Enter Martha Stewart's latest tome, *Martha Stewart's Slow Cooker: 110 Recipes for Flavorful, Foolproof Dishes (Including Desserts!), Plus Test- Kitchen Tips and Strategies*. to save the (fall) day! If you are a busy working mom like me and don't yet own a slow-cooker, get on down to .com and order one STAT. Forget the instapot! There is nothing quite like coming home to a warm meal that has been simmering all day! This cookbook covers all the basics of slow cookery, with over 100 recipes for everything from soups to stews to...cheesecake! I especially love the recipe for scalloped potatoes. The recipes are easy enough for the budding chef but also contain complex flavors for the seasoned gourmet. It would also make a great engagement/wedding/Christmas book to go along with a new slow cooker! Check out *Martha Stewart's Slow Cooker: 110 Recipes for Flavorful, Foolproof Dishes (Including Desserts!), Plus Test- Kitchen Tips and Strategies*, now available at your local library or independent bookstore. I received a copy of this book for review from [bloggingforbooks.com](http://bloggingforbooks.com)

I saw Martha on TV selling this book and the recipes looked very interesting - much better than normal slow cooker recipes. I was very excited about the book and pre-ordered here on . Highly very disappointed in the recipes. She must have picked the few good ones to show on TV; the vast majority are recipes I'd never try. I have 14-year old twins and I'd never be able to get them to eat half the food showcased in this book. Lots of foreign sounding foods that require all sorts of exotic ingredients. This is a big miss.

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